

**JOURNEY TO HEALTHY LIVING: FREEDOM FROM BODY
IMAGE AND FOOD ISSUES (JOURNEY TO FREEDOM)**

Cristyne Ismael

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Due to technical difficulties, your feedback could not be submitted. My friend, Marla, led me to a spacious dance loft in downtown Santa Monica, a space large enough for over sweaty bodies to get their downward facing dog on by donation. Thus, a collaborative approach rather than a hierarchical approach was suggested. Stock Image. So, how did I overcome this? Yes No. Condition: New. There is likely a way to find a middle ground. It approaches illness from a transdiagnostic orientation, addressing the dynamics and needs demanded by the comorbidities and at the same time responding effectively in a way that reduces the influence of the eating disorder. Anorexia nervosa: therapy and theory.