

ACHILLES HEEL

Lesley Z. Younker

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Achilles tendon - Wikipedia

The Achilles tendon is the largest tendon in the body. It joins the gastrocnemius (calf) and the soleus muscles of the lower leg to the heel bone.

Achilles Tendon Disorders - Foot Health Facts

WebMD's Achilles Tendon Anatomy Page provides a detailed image and description of its function as well as conditions that affect the achilles.

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'Achilles' heel' - the meaning and origin of this phrase

On your body, your Achilles' heel is the tendon on the back of your ankle. In spoken English, your Achilles' heel is your weak spot. You can say.

Achilles tendon rupture - Symptoms and causes - Mayo Clinic

Two common disorders that occur in the heel cord are Achilles tendonitis and Achilles tendinosis.

What Is Your Achilles' Heel?

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To Top. Repair of the tendon in these instances may require the use of metal or plastic anchors to help hold the Achilles tendon to the heel bone, where it attaches. To prevent Achilles Heel death, his mother Thetis took Achilles to the River Styx which was supposed to offer powers of invulnerability, and dipped his body into the water; however, as Thetis held Achilles by the heel Achilles Heel heel was not washed over by the water of the magical river.

DidYouKnow? Oral medications. Cross-training activities such as biking, elliptical exercise, and swimming are low-impact options to help you stay active. Tendons heal Achilles Heel when you get the right treatment as soon as possible after the injury. London: Churchill Livingstone.

Encyclopaedia Britannica. The moment of injury can be quite painful, and the doctor might suggest:.